



Havasupai Elementary School Lunch Menu

December
2022

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|---|
| | | | <p>1</p> <p>Chicken Parmesan w/Pasta or Ham Deli Sub or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>2</p> <p>Cheesebread Dunkers or Pretzel Bites w/Cheese or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> |
| <p>5 Breakfast for Lunch</p> <p>Egg and Biscuit with Tater Tots or Chef Salad with Whole Grain Dinner or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>6</p> <p>Cheese Enchiladas or WG Chips, Salsa & Cheese or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>7</p> <p>Beef Burger with French Fries or Chicken Salad Sliders or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>8</p> <p>Macaroni and Cheese or Chicken Caesar Salad or Whole Grain Dinner Roll or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>9</p> <p>Pepperoni Pizza or Pretzel Bites w/Cheese or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> |
| <p>12</p> <p>Grilled Cheese Sandwich or Turkey Deli Sub or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>13</p> <p>Chalupa or WG Chips, Salsa & Cheese or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>14</p> <p>BBQ Chicken Breast Sandwich with French Fries or Ham Deli Sandwich or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>15</p> <p>Pasta with Meatballs or Chef Salad with Whole Grain Dinner Roll or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>16</p> <p>Cheese Pizza or Pretzel Bites w/Cheese or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> |
| <p>19</p> <p>Cheese Burger Sliders or Chicken Caesar Salad with Whole Grain Dinner or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>20</p> <p>Bean & Cheese Burrito or WG Chips, Salsa & Cheese or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>21</p> <p>Hotdog with French Fries or Turkey Deli Sub or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>22 Christmas Roasted</p> <p>Turkey & Gravy with Stuffing & Cranberry Sauce or PB & J Sandwich with Cheese Stick Daily Fruit & Vegetable Bar 1% Milk</p> | <p>23 Inservice for Staffs</p> <p>No School</p> |
| <p>26 Winter Break</p> <p>No School</p> | <p>27 WinterBreak</p> <p>No School</p> | <p>28 Winter Break</p> <p>No School</p> | <p>29 Winter Break</p> <p>No School</p> | <p>30 Winter Break</p> <p>No School</p> |

PRICES

| | |
|---------------|--------|
| Bottled Water | \$1.00 |
| Extra Milk | \$0.80 |
| Student Lunch | \$2.75 |
| Reduced | \$0.40 |
| Adult Lunch | \$4.60 |

EXTRA INFO

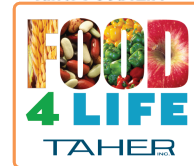
Chocolate or Skim milk is included
with each meal.
For questions or comments,
contact the FSD Christopher Gallaga:
taher.foodservice@lhUSD.org 928-854-5411

HARVEST OF



THE MONTH

Your MENUS plus more
information on our app
Taher Food4Life®



www.taher.com