




Thunderbolt Middle School Lunch Menu

March
2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef Soft Taco or Chef Salad with Whole Grain Dinner Roll or Pepperoni Pizza Shredded Lettuce Daily Fruit	2 Dr. Seuss Green Eggs and Ham Biscuit or PB & J Sandwich or Crispy Chicken Tenders Garlic Breadstick Breakfast Potatoes Daily Fruit	3 Roast Hot Dog on Bun or Ham & Cheese Sub Golden French Fries Daily Fruit	4 Pulled Pork Sandwich or PB & J Sandwich or Beef Burger Veggie Sticks Daily Fruit	5 Taco Pizza or Chicken Salad Munchable or Spicy Chicken Patty on Bun Coleslaw Daily Fruit
8 Corn Dog or PB & J Sandwich or Pepperoni Pizza Golden French Fries Daily Fruit	9 Beefy Nachos & Homemade Cheese Sauce or Ham & Cheese Sandwich or Crispy Chicken Tenders Garlic Breadstick Salsa Chick Peas	10 BBQ Chicken Sandwich or PB & J Sandwich Veggie Sticks Daily Fruit	11 Beef Burger or Turkey Sub or Beef Burger Golden French Fries Daily Fruit	12 Cheesecake Dunkers or Tuna Salad Sandwich or Spicy Chicken Patty on Bun Coleslaw Daily Fruit
15 Spring Break No School	16 Spring Break No School	17 Spring Break No School	18 Spring Break No School	19 Spring Break No School
22 Crispy Chicken Sandwich or Pretzel Bites w/Cheese Cubes or Pepperoni Pizza Golden French Fries Daily Fruit	23 Beef Soft Taco or PB & J Sandwich or Crispy Chicken Tenders Garlic Breadstick Shredded Lettuce Daily Fruit	24 Hot Ham & Cheese Sandwich or Ham & Cheese Sub Veggie Sticks Daily Fruit	25 Sloppy Joe Sandwich or PB & J Sandwich or Beef Burger Golden French Fries Daily Fruit	26 Taco Pizza or Turkey Sub or Spicy Chicken Patty on Bun Coleslaw Daily Fruit
29 Roast Hot Dog on Bun or PB & J Sandwich or Pepperoni Pizza Golden French Fries Daily Fruit	30 Bean & Cheese Quesadilla or WG Chips, Salsa & Cheese Cube or Crispy Chicken Tenders Garlic Breadstick Corn Salad Daily Fruit	31 Hot Meatloaf Sandwich or PB & J Sandwich Mashed Potatoes with Gravy Daily Fruit	 This is for Food 4 Thought	



Choose **MyPlate.gov**

PRICES	Bottled Water	\$0.75
	Extra Milk	\$0.50

EXTRA INFO

Chocolate or Skim milk is included with each meal.
 For questions or comments, contact the FSD Christopher Gallaga: taher.foodservice@lhusd.org 928-854-5411



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