




Nautilus Elementary School Lunch Menu

March
2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Beef Soft Taco or</p> <p>Chef Salad with Whole Grain Dinner Roll</p> <p>Shredded Lettuce Daily Fruit</p>	<p>2 Dr.Seuss</p> <p>Green Eggs and Ham Biscuit or</p> <p>PB & J Sandwich</p> <p>Breakfast Potatoes Daily Fruit</p>	<p>3</p> <p>Roast Hot Dog on Bun or</p> <p>Ham & Cheese Sub</p> <p>Golden French Fries Daily Fruit</p>	<p>4</p> <p>Pulled Pork Sandwich or</p> <p>PB & J Sandwich</p> <p>Veggie Sticks Daily Fruit</p>	<p>5</p> <p>Taco Pizza or</p> <p>Chicken Salad Munchable</p> <p>Coleslaw Daily Fruit</p>
<p>8</p> <p>Corn Dog or</p> <p>PB & J Sandwich</p> <p>Golden French Fries Daily Fruit</p>	<p>9</p> <p>Beefy Nachos & Homemade Cheese Sauce or</p> <p>Ham & Cheese Sandwich</p> <p>Salsa Chick Peas Daily Fruit</p>	<p>10</p> <p>BBQ Chicken Sandwich or</p> <p>PB & J Sandwich</p> <p>Veggie Sticks Daily Fruit</p>	<p>11</p> <p>Beef Burger or</p> <p>Turkey Sub</p> <p>Golden French Fries Daily Fruit</p>	<p>12</p> <p>Cheesebread Dunkers or</p> <p>Tuna Salad Sandwich</p> <p>Coleslaw Daily Fruit</p>
<p>15 Spring Break</p> <p>No School</p>	<p>16 Spring Break</p> <p>No School</p>	<p>17 Spring Break</p> <p>No School</p>	<p>18 Spring Break</p> <p>No School</p>	<p>19 Spring Break</p> <p>No School</p>
<p>22</p> <p>Crispy Chicken Sandwich or</p> <p>Pretzel Bites w/Cheese Cubes</p> <p>Golden French Fries Daily Fruit</p>	<p>23</p> <p>Beef Soft Taco or</p> <p>PB & J Sandwich</p> <p>Shredded Lettuce Daily Fruit</p>	<p>24</p> <p>Hot Ham & Cheese Sandwich or</p> <p>Ham & Cheese Sub</p> <p>Veggie Sticks Daily Fruit</p>	<p>25</p> <p>Sloppy Joe Sandwich or</p> <p>PB & J Sandwich</p> <p>Golden French Fries Daily Fruit</p>	<p>26</p> <p>Taco Pizza or</p> <p>Turkey Sub</p> <p>Coleslaw Daily Fruit</p>
<p>29</p> <p>Roast Hot Dog on Bun or</p> <p>PB & J Sandwich</p> <p>Golden French Fries Daily Fruit</p>	<p>30</p> <p>Bean & Cheese Quesadilla or</p> <p>WG Chips, Salsa & Cheese Cube</p> <p>Corn Salad Daily Fruit</p>	<p>31</p> <p>Hot Meatloaf Sandwich or</p> <p>PB & J Sandwich</p> <p>Mashed Potatoes with Gravy Daily Fruit</p>	 <p>This is for Food 4 Thought</p>	



Choose **MyPlate.gov**

PRICES	Bottled Water	\$0.75
	Extra Milk	\$0.50

EXTRA INFO

Chocolate or Skim milk is included with each meal.

For questions or comments, contact the FSD Christopher Gallaga: taher.foodservice@lhusd.org 928-854-5411



Your **MENUS** plus more information on our app **TaHer Food4Life®**



www.taher.com