





Jamaica Elementary School Lunch Menu

March
2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Beef Soft Taco or Chef Salad with Whole Grain Dinner Roll</p> <p>Shredded Lettuce Daily Fruit</p>	<p>2 Dr.Seuss</p> <p>Green Eggs and Ham Biscuit or</p> <p>PB & J Sandwich</p> <p>Breakfast Potatoes Daily Fruit</p>	<p>3</p> <p>Roast Hot Dog on Bun or Ham & Cheese Sub</p> <p>Golden French Fries Daily Fruit</p>	<p>4</p> <p>Pulled Pork Sandwich or PB & J Sandwich</p> <p>Veggie Sticks Daily Fruit</p>	<p>5</p> <p>Taco Pizza or Chicken Salad Munchable</p> <p>Coleslaw Daily Fruit</p>
<p>8</p> <p>Corn Dog or PB & J Sandwich</p> <p>Golden French Fries Daily Fruit</p>	<p>9</p> <p>Beefy Nachos & Homemade Cheese Sauce or Ham & Cheese Sandwich</p> <p>Salsa Chick Peas Daily Fruit</p>	<p>10</p> <p>BBQ Chicken Sandwich or PB & J Sandwich</p> <p>Veggie Sticks Daily Fruit</p>	<p>11</p> <p>Beef Burger or Turkey Sub</p> <p>Golden French Fries Daily Fruit</p>	<p>12</p> <p>Cheesebread Dunkers or Tuna Salad Sandwich</p> <p>Coleslaw Daily Fruit</p>
<p>15 Spring Break</p> <p>No School</p>	<p>16 Spring Break</p> <p>No School</p>	<p>17 Spring Break</p> <p>No School</p>	<p>18 Spring Break</p> <p>No School</p>	<p>19 Spring Break</p> <p>No School</p>
<p>22</p> <p>Crispy Chicken Sandwich or Pretzel Bites w/Cheese Cubes</p> <p>Golden French Fries Daily Fruit</p>	<p>23</p> <p>Beef Soft Taco or PB & J Sandwich</p> <p>Shredded Lettuce Daily Fruit</p>	<p>24</p> <p>Hot Ham & Cheese Sandwich or Ham & Cheese Sub</p> <p>Veggie Sticks Daily Fruit</p>	<p>25</p> <p>Sloppy Joe Sandwich or PB & J Sandwich</p> <p>Golden French Fries Daily Fruit</p>	<p>26</p> <p>Taco Pizza or Turkey Sub</p> <p>Coleslaw Daily Fruit</p>
<p>29</p> <p>Roast Hot Dog on Bun or PB & J Sandwich</p> <p>Golden French Fries Daily Fruit</p>	<p>30</p> <p>Bean & Cheese Quesadilla or WG Chips, Salsa & Cheese Cube</p> <p>Corn Salad Daily Fruit</p>	<p>31</p> <p>Hot Meatloaf Sandwich or PB & J Sandwich</p> <p>Mashed Potatoes with Gravy Daily Fruit</p>	 <p>This is for Food 4 Thought</p>	 <p>Choose MyPlate.gov</p>

PRICES	Bottled Water	\$0.75
	Extra Milk	\$0.50
EXTRA INFO	Chocolate or Skim milk is included with each meal.	
	For questions or comments, contact the FSD Christopher Gallaga: taher.foodservice@lhUSD.org 928-854-5411	

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Your **MENUS** plus more information on our app
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