





Jamaica Elementary School Breakfast Menu

March
2021



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|
| <p>1</p> <p>UBR Breakfast or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>2</p> <p>Glazed Dount or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>3</p> <p>Honey Bun or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>4</p> <p>Muffin or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>5</p> <p>French Toast Sticks or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> |
| <p>8</p> <p>Strawberry Pop-Tart or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>9</p> <p>Mini Donut or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>10</p> <p>Apple Frudel or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>11</p> <p>Cinnamon Roll or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>12</p> <p>Bagel with Peanut Butter or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> |
| <p>15 Spring Break</p> <p>No School</p> | <p>16 Spring Break</p> <p>No School</p> | <p>17 Spring Break</p> <p>No School</p> | <p>18 Spring Break</p> <p>No School</p> | <p>19 Spring Break</p> <p>No School</p> |
| <p>22</p> <p>UBR Breakfast or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>23</p> <p>Glazed Dount or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>24</p> <p>Honey Bun or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>25</p> <p>Muffin or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>26</p> <p>French Toast Sticks or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> |
| <p>29</p> <p>Strawberry Pop-Tart or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>30</p> <p>Mini Donut or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> | <p>31</p> <p>Apple Frudel or Cereal Bowl</p> <p>Cheese Stick or Graham Crackers</p> <p>Daily Fruit</p> |  <p>This is for Food 4 Thought</p> |  <p>Choose MyPlate.gov</p> |

PRICES

Bottled Water \$0.75
Extra Milk \$0.50

EXTRA INFO

Chocolate or Skim milk is included with each meal.
For questions or comments, contact the FSD Christopher Gallaga: taher.foodservice@lhUSD.org 928-854-5411

HARVEST OF



THE MONTH

Your **MENUS** plus more information on our app
Taher Food4Life®



www.taher.com